



Bonalbo Central School

School News

Term 3, Week 9 2018

Our students working hard at the car wash & BBQ to raise funds for Buy-A-Bale.



Great effort from everyone involved.



DATES TO REMEMBER 2018

Term 3

- September 21: Boys Futsal Comp @ Casino
- September 24: Performing Arts Festival @ Casino Years K-6
- September 24-27: Year 11 Yearly Exams
- September 25: Year 12 Luncheon
- September 26: Local AECG @ Tabulam 12 noon
- September 27: Primary Assembly 10:15 am
- September 27: PSC Second Rewards Day
- September 28: PSC Primary Rewards Day
- September 28: End of Term 3

Term 4

- October 15: School resumes for K-11
- October 18: HSC exams commence
- November 1: Vaccinations Year 7 and

- November 8: catch-up for Years 8/10/11 Year 6 to 7 Transition
- November 12-16: Years 7-10 exams
- November 16: Year 12 Formal
- November 21: Year 11 RRisk @ Lismore
- November 28-29: Year 6 to 7 Transition
- December 10-14: Intensive Swimming
- December 13: Presentation Night
- December 19: End of Term for Students
- December 20-21: Staff Development days
- 'Transition to School' Kindergarten 2019
- Continues on Fridays in Term 4 until 7th December (Term 4 Week 8) full days.
- P & C Meetings @ 3:30pm: November 19.
- Newsletters: November 1 & 22, December 13

Relieving Principal's Report

Staff Leave

Some staff are taking some well-earned leave over the coming weeks.

- Ms Moore will be enjoying the scenery in Scotland and England, as she takes long service leave until Week 3 next term. I will be Relieving Principal in her absence.
- Ms O'Meara will also be spending time traveling around Europe with her family until Week 4 next term. Ms Petty will be teaching in the K/1 class and relieving as Assistant Principal in Primary.
- Ms Beynon will not be returning to Bonalbo Central School this year, as she too is traveling with her family. She will be touring around Australia for several months and we look forward to hearing about her adventures. The process to replace her is yet to be finalised.
- Mr Kilroy will be spending some quality time with his beautiful new daughter, Audrey, and wife Sarah-Kate, as part of his paternity leave.

Canberra Excursion

We had a wonderful camp in our nation's capital with a great group of 4 staff and 28 students three weeks ago. It was a pleasure to spend time with our students, who were respectful, polite and enthusiastic. It was great to see students from Years 5-10 mixing well together and we all gained much from the experience.

A very pleasing aspect of our time away that might interest parents/carers is the fact that staff took all student devices overnight!! Phones were handed in prior to lights out, with several students voluntarily handing them in early, and



returned (charged) the next morning after breakfast. Yes, I know it's hard to fathom but students survived (shock, horror!) and were totally understanding of the need for quality sleep and positive interaction with those they were actually with. I challenged students to consider continuing with this practice on their return home, and I believe a few have, so it is possible to have a screen-free teenager!

Year 12 Final Preparations

The countdown is on! Year 12 students across the state are in the final throws of preparing for HSC exams and an end to their secondary education. This is a special (and daunting) time for all involved, as it is the culmination of 13 years of schooling and puts young people on the doorstep of their next phase of life. Our school will be recognising this important milestone at several events:

- Student luncheon - next Tuesday, where students will receive their Graduation Package. This includes their final report, school reference, certificates, exam information, school leaver's guides etc.;
- Student, staff and parent/carer breakfast - last day of term starting at 8:00am;
- Year 12 Formal - Friday 16th November in the MPC starting at 6:00pm;
- Whole-school Presentation Night – Thursday 13th December starting at 6:00pm.

Attendance in these last weeks of school is critical, as teachers are revising core content and practicing exam responses. Whilst formal Year 12 lessons finish next Friday, students are still welcome at school next term to prepare for their up-coming exams. It is vital that students actively prepare for their relevant exams during the holidays and the first few weeks of next term, by revising topics covered, completing past papers and seeking the continued support of staff.

Our HSC exams begin with Standard English Paper 1 and Primary Industries on Thursday 18th October and end with Design & Technology on Friday 9th November, with many others in between. I urge parents/carers and students to confirm their exact exams dates and start times via the NESAs site:

<https://studentonline.nesa.nsw.edu.au> or <http://educationstandards.nsw.edu.au/wps/portal/nesa/11-12/hsc/key-dates-exam-timetables/hsc-written-exam-timetable>.

Other handy HSC study skills and past exam papers' links: <https://www.artofsmart.com.au/hsc-resources/>; <https://hsc-study-guide-2018.smh.com.au/>; <https://arc.nesa.nsw.edu.au/go/hsc/>; <http://educationstandards.nsw.edu.au/wps/portal/nesa/11-12/Understanding-the-curriculum/resources/hsc-exam-papers>; <http://mcq.nesa.nsw.edu.au/>; <http://educationstandards.nsw.edu.au/wps/portal/nesa/11-12/hsc/rules-and-processes/rules-procedures-guide-students>.

And one specifically for HSC parents: <http://www.schoolatoz.nsw.edu.au/homework-and-study/homework-tips/tips-for-surviving-the-hsc>.

Year 11 Update

Year 11 students should be busy completing final assessment tasks and preparing for their exams, which will take place next week Monday - Thursday. This marks the end of their Preliminary course, with Term 4 the start of their HSC year. Year 11 reports will go out Week 3. It is important to remember that students who do not complete all course requirements and assessments will be given a non-completion grade ("N" Award) and will not be able to continue to Year 12.

Transition – Kindy & Year 7

As senior students finish, our younger school community members are just starting their schooling journey. Kindy Transition has been in full swing for several weeks, with Ms Kropp supporting their move from pre-school to school. Next term, transition students will stay at school for the full day on Fridays.

Secondary Head Teacher Ms Schumacher and Learning and Support Teacher Ms Petty have recently visited feeder primary schools to observe Year 6 students and speak with teachers about in-coming Year 7s. All Year 6 students (whether they intend coming to Bonalbo in 2019 or not) are invited to join us for three days of orientation next term. They will familiarise themselves with the school and how a secondary school operates and be involved in all areas of

the curriculum over these days (Thursday 8th, Wednesday 28th and Thursday 29th November). We look forward to working with these students and families in the future.

NAPLAN Results

Individual student results have arrived at school. These will be posted home before the end of the term.

Safe Social Media Use

Supporting your child to manage the risks on social media means they can safely enjoy all the benefits it has to offer. As part of this care, parents/carers are reminded to check their child's privacy settings. These should be at the highest level possible to protect them from unwanted communication. Ideally, students should not engage in online conversations with people that they don't "personally" know.

Simple tips for parents/carers around safer use of technology:

1. Talk to your child about their internet/device use
2. Understand the apps and social media sites your child is using
3. Set rules for your child's technology use
4. Teach your child about sharing information responsibly
5. Ensure your child understands the implications of their online behaviours
6. Help your child to deal with cyberbullying

A detailed guide to online safety can be downloaded from: <https://www.esafety.gov.au/about-the-office/resource-centre/brochure-parents-guide-to-online-safety>.

Wishing everyone a productive end of term and a safe and restful holiday break.

Mrs Kathryn Taylor
Relieving Principal

Breakfast Club

Calling for volunteers! If you could spare an hour or two in the mornings, we would love to hear from you. Breakfast Club currently operates on Monday, Wednesday and Thursday mornings from 8:00am. This is a valuable service run entirely by volunteers and we are in need of a few more helpers. Please contact the school if you would like to be involved.

Secondary Report

Year 8 Technology Mandatory

Students are now preparing food each Monday and need to bring from home an apron, a hand towel and a tea towel (or two tea towels) and a dishcloth. They also need a USB to save their assignment work, 'Lunchbox for an Adolescent', which will be their final assessment for this subject. The more food preparation they are involved in at home, the more quickly their skills in this area will develop. They are also learning about nutrition and healthy food choices.

Mrs Suzy Taikakara
Technology Teacher

Visual Arts - Art Galleries Excursion

On Thursday 13th September, students from Stages 5 & 6 Visual Arts, Ms Goldstein and Melissa Armfield visited the Tweed Regional Gallery, Murwillumbah, and the Lismore Regional Gallery. After a scenic drive via Kyogle and Uki, they discovered the Experimenta Exhibition and the Margaret Ollie display at the Tweed Gallery. The Experimenta show featured many installations and working sculptures designed to appeal to the senses.

In Lismore, after a café lunch, they enjoyed a walk through the laneways to see the street art. At Lismore Gallery, they saw the Hurford Hardwood Portrait Prize, featuring portraits in various media – painting, photography, sculpture, mixed media, digital video and animation. Digby Moran, local Aboriginal painter, had an exhibition titled "Growing Up On The Island", about his life on Cabbage Tree Island. Mr Moran was there in person to discuss his work and answer any questions – a great opportunity for our students.

Everyone had a great time, enjoying the day



Budding artists in Lismore

away looking at inspiring art, enjoying good food in excellent company. Students looked neat in their uniforms and behaved in a way that made them a credit to our school. Thanks go to Danny, our bus driver, a fount of local knowledge and a true positive thinker.

Sally Goldstein
Visual Art teacher

Girls Futsal U14s

The girls had a fun day at the Casino Sports Stadium on Friday, 14th September.

They were up against tough competition playing Alstonville High School first who ended winning the competition. Their second game was against Evans River. Both games were lost, however, the girls played well and enjoyed themselves. Congratulations to the girls for showing good sportsmanship and having a go.

HSC Design and Technology

Eric completed his Major Design Project, a TV Cabinet, which has been completed to a high standard. His project will be marked Wednesday, 17th September. Congratulations Eric for working hard all year and producing an excellent product.

Ms HBeynon
Sports Coordinator & DAT teacher



Eric's finished cabinet

Tamworth Ag excursion

Back in Term 2 Stages 5 & 6 Ag students went on an excursion to Tamworth.

Thursday was the Ag Careers Expo but, prior to that, students were able to have a bit of fun in the park. At the Expo students were presented with opportunities to talk to a range of people and get insights into the different careers available in Agriculture. The Expo was held at Farrer High School where our students got to see first-hand one of the biggest agricultural schools in the country.

After the Careers Expo, we did the tourist thing and saw the Golden Guitar and in the afternoon the students had fun time at Jump Up.

On the Friday we started with the Teys Factory tour. Students who were 16 were fortunate enough to get a tour inside a beef abattoir while the other students were given a presentation of what the other students were experiencing,



including wearing safety gear . Next, we visited a goat farm at Guyra. Students were able to

feed and pat the goats. They also got to see a goat dairy and the end products that were produced from their goats' milk. Then we went on a feedlot tour at



Ranger Valley Feedlot. The students learnt a lot over the two days.

Cows Create Careers

Stage 5 students have also taken part in the Cows Create Careers Program. Students were required to do a number of activities from research to looking after calves for three weeks.

At the start of the program, we had an advocate talk from a local vet about the dairy industry and how to look after the calves where students

were required to get dressed up to represent different aspects of the dairy industry.



During the program they were required to look after two calves for three weeks. One of the tasks was to have a funny

photo with the calves in their teams.

Students were also required to conduct a scientific report and develop a 3D model from their chosen research topic.



At the end of the program, all participating schools on North Coast went to Lismore for their presentation day, along

with a variety of activities where students got to dress up and learn more about farm safety, different dairy breeds and phrases connected to the dairy industry.



Congratulations to Tamiaka and Lisa for being the winning team for Bonalbo Central School.

Buy-A-Bale Fundraiser

Stage 6 Work Studies students are required to carry out an enterprise project, and they chose to run a fundraiser. They had originally decided to raise money for their formal thereby getting all Stage 6 students involved. As the time came closer, students could see the effects of the drought and decided to raise money for the farmers instead. Once the SRC heard about the Buy-a-Bale fundraiser, they also wanted to get involved. So, on Friday 7th September, Bonalbo Central students dressed up as farmers for a coin donation, a cake stall was run and the big main

From the students and staff at Bonalbo Central School, we would like to thank everyone who donated and helped the school to raise \$1000 for the Buy-a-Bale fundraiser.

*Ms Donna Dean
Agriculture & Work Studies Teacher*

Primary Report

As we near the end of term the Primary staff would like to thank all parents and care givers for their support during this very busy term.

K-6 students celebrated Book Week on Thursday 6th September. It was great to see so many different characters and books on display. Congratulations to Kinder students Rixon, Abi, Elizabeth and Blake who ran the assembly with great courage.

Primary staff are looking forward to greeting parents and students during the three way conferences that will take place on Tuesday 18th and Thursday 20th September.

Students are very excited to attend and perform in the annual Performing Arts Festival at Casino on Monday 24th September. Students have been very busy practicing and preparing for their performance with Ms O'Meara and Jo. Students will leave school at 12:30pm on the 24th and travel to Casino via bus to attend rehearsals. They will then walk to the Casino RSM Club to get ready for their performance and have dinner. Parents are reminded that private arrangements need to be made for students to return home after the performance. Primary staff will be at school to supervise any students who will not be attending the Casino performance.

Our final Primary assembly for Term 3 will take place in the Year 4/5/6 room on Thursday 27th September. All parents, family and caregivers are invited to attend.

Our Kindy Transition class is settling in well. We have 8 students attending school until lunch time on Fridays for the remainder of this term and for full days every Friday during Term 4. Students are under the guidance of Mrs Kropp. We are looking forward to these students attending Kindergarten at Bonalbo in 2019.

Students are enjoying the revived sandpits in the Primary thanks to a kind donation and delivery of

fresh sand and some new toys. K/1 helped shovel some sand into the pits and are delighted to be able to dig, play and create.

An early reminder that Friday afternoon Sport is swimming at the pool for Term 4. Please ensure your child/ren come prepared with swimmers, towel and sunscreen. A plastic bag is handy for putting wet items in at the end of the day.

On the last day of this term Bonalbo and Old Bonalbo Primary students and Transition children will be participating in a fun day. Due to the hard work students have put in to the Premier's Sporting Challenge and funds made from the Krispy Kreme fundraiser, students will be able to enjoy playing on a 14 metre blow-up obstacle course and participate in other activities during the day. A big thank you to Ms Petty for all her hard work organising this event.

Primary Staff

Premier's Sporting Challenge Rewards Day Thursday 27th September - Secondary Friday 28th September – Primary

Last term students in K-12 and staff participated in the Premiers Sporting Challenge where they logged how active they were throughout the day, week and term. Due to the amount of effort achieved by all there will be a rewards day for the Sporting Challenge.



On Thursday 27th September the secondary students will participate in a day of fun on a 14 metre inflatable course as well as a bungee run .

On Friday it will then be the Primary's turn to enjoy the two courses with Old Bonalbo coming along to join in the fun.

Thank you to all the students, parents and community for making this possible.



R U OK? Day

Last Thursday 13th September was R U OK? Day. R U OK?'s vision is a world where we're all connected and are protected from suicide. The day is to inspire and empower everyone to meaningfully connect with people around them and support anyone struggling with life.

The secondary students (7-12) participated in a two-part workshop. Mrs Stewart ran a workshop on mindfulness and focused on ensuring that we as individuals find the time to be able to enjoy the things we love that help us relax and be mindful. Mrs Taylor and Ms Petty ran a workshop on how to boost confidence to meaningfully connect and when a good time is to ask the question "Are you OK?" They also discussed useful websites that can help a friend, family member or yourself should the need arise to seek out help.

Staying connected and having meaningful conversations is something we can all do. You don't need to be an expert - just a good friend and a great listener. So, if you notice someone who might be struggling - start a conversation.

Ms Kandas Petty

LAST (Learning & Support Teacher)

P & C RE-ELECTION NOTIFICATION

On 20th August 2018, President Matt Daniel resigned from position of P&C President.

The position of President is vacant and nominations are open. Voting will take place at the next meeting held on **Monday 19th November 3:30pm in the Primary.**

Nominees are required to be a financial member of the P & C prior to the next meeting. Nominees are to be present at the meeting in order to

accept a nomination.

Role of the President

The President is responsible for:

- The attainment of P&C objectives;
- Ensuring that the P&C takes part in decision-making processes in the school;
- Fostering the participation of all members and ensuring new members are made to feel welcome;
- Supporting volunteers;
- Consistent adherence to the Constitution;
- Acting as P&C spokesperson when public statements or actions are needed;
- Setting up lines of communication with the Principal;
- Being signatory on the P&C bank account;
- Chairing meetings to ensure their successful function.

If you require any further information regarding this position or a copy of the Constitution, please contact Wendy Johnston via the School office.

Wendy Johnston

Secretary

Griffith University Research

Griffith University is conducting research into speech pathology services in our area. If you can share your experiences of accessing speech pathology services, you can be involved in a study carried out by a speech pathologist in NSW trying to find out more about parents' and carers' experience of accessing services like speech pathology and their opinions about different types of services that are offered. The questionnaire takes about 15 minutes to complete and is completely anonymous. The aim of the study is to provide a picture of the availability of services for families in rural and regional areas as well as your preferences for how these services are delivered (e.g. Have you been able to see a speech pathologist if you needed one? How do families feel about telehealth services? What types of services do you think would work best for your child?). The hope is that information provided by families will help inform decisions about future services. If you are interested in completing the questionnaire, simply click on this link: <https://prodsurvey.rcs.griffith.edu.au/prodls190/index.php?sid=73724&lang=en>.

CWA Old Bonalbo Branch invites you to their annual Rural Women's Day.

This year it will be a workshop on Rural Mental Health.

This 1.5 to 2 hour workshop will cover:

- Signs a person may be struggling with their mental health;
- Finding and providing help;
- Talking to someone you're worried about;
- Looking after your mental wellbeing;
- How to help someone at risk of suicide;
- and more.

It will be held at Old Bonalbo Soldiers Memorial Hall, 8 Upper Duck Creek Road on **Monday 15th October 2018 at 9.30am for morning tea followed by a 10.00am start.** Cost is \$15.00 which includes morning tea and lunch. Proceeds go to Rural Mental Health Support.

RSVP by 8th October (for catering purposes) to our Secretary Narelle 66653146.

Hope to see you there!!

Jennifer Taylor

President Old Bonalbo Branch

Drake Supported Playgroup

Come and have some fun!
Lots of arts, crafts; and cooking with the children. We have a vegie/flower garden for children to plant and harvest.



At Drake Hall
Monday 10:00am-12:00pm
Except public holidays & school holidays

Morning Tea and Activities Provided

Playgroup is Free!

For Information: Call Michelle 67376723
or 0456836837

New Families Welcome

FREE ROAD SAFETY WORKSHOPS FOR KYOGLE AND GOONELLEBAH

Member for Lismore Thomas George invites road users to attend free road safety workshops in Kyogle and Goonellabah during September.

Mr George said the morning workshop each day is aimed at helping older road users learn about changes to licensing rules.

"The Older Road Users workshop will provide information and tips to improve safety for older drivers when they're out and about, on or near roads."

Information and checklists will be provided for all road users, whether they drive, ride, walk, catch public transport or use a mobility scooter, or a combination of these.

The evening workshop is to support parents and supervisors of learner drivers to be effective teachers.

"The Helping Learner Drivers Become Safer Drivers workshop includes information about licence conditions for learner and P-plate drivers, tips for using the learner driver log book and the importance of providing constructive feedback," Mr George said.

Kyogle

Tuesday 25th September

Kyogle Family Support Services

Neighbourhood Centre

Seniors Session: 11am to 1pm

Learner Supervisors: 6pm to 8pm

Goonellabah

Wednesday 26th September

Goonellabah Community Centre

Seniors Session: 10am to 12pm

Learner Supervisors: 6pm to 8pm

These workshops are being provided by Roads and Maritime Services.

Bookings are essential and can be made by calling 02 6764 6623 or emailing roadsafety@joblinkplus.com.au.



Bonalbo and Woodenbong Peer Support Group

Are you living with disability? Are you a carer?

TIME 11AM – 1PM | FREELUNCH
3RD MONDAY OF THE MONTH

Bonalbo Meetings
Louisa Johnson Centre
3 Sandilands Street, Bonalbo

20 August; 22 October;
17 December 2018

Woodenbong Meetings
Public Hall, Supper Room
21 Unumgar St, Woodenbong

18 July; 17 September;
19 November 2018

Share your experiences and challenges, meet new people, discuss goals and opportunities, learn about disability services available to you, get answers to your NDIS questions.

We welcome people living with a disability, family members and carers.

To register your interest or arrange transport please contact
Tamar Cohen on 0447 329 111 or Astrid Bannah 6634 1372 or just turn up on the day!



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FREE SCREENING MAMMOGRAMS

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aged 50 – 74

The BreastScreen van is coming to

BONALBO: 24 –26 September

URBENVILLE: 26 September—3 October

Book in today! CALL **13 20 50**

BreastScreen
NSW





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'Little Athletics Casino'



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Be Your Best!!!

- Develop New Skills
- Build Character and Self Esteem
- Foster Good Sportsmanship
- Safe, Positive, Family Friendly and Inclusive environment

**Every Wednesday
from October to
March during
School Terms**



Use your \$100
Active Kids
Voucher!!!!



Caters for Tiny Tots
(Aged 3-5 years)
through to U17's



Information Days:
Wednesday 19 & 26 September
4.30pm – 5.30pm
QE3, Hartley Street, Casino

For more information contact:
Amanda 0434673809 or Kasey 0427857149





CSIRO

Royal Australian Mint



War Memorial



Australian Institute of Sport



Parliament House

Staff at the Snow



Old Parliament House



Questacon