Bonalbo Central School



Lifelong Learning for a Positive Future

Book Week Parade

School News

Term 3 Week 9, 2014















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Principal: Deputy Principal: Assistant Principals:

Trevor Hodges Corinne Miller Megan O'Meara

Dates to Remember

Sept. 11, 2014- Girls Futsal, Evans Hd.

Sept. 12, 2014- Primary Assembly

Sept. 15-18, 2014- Yr 11 Exams

Sept. 17, 2014- P&C Meeting, 3.30pm

Sept. 19, 2014- Y11,12 Slave Auction

Sept. 19, 2014- Last Day, Term 3

October 7, 2014-First day Term 4,

Students and Staff

October 13, 2014- HSC Starts

Principal's Report

NAIDOC Day

It seems only a few days since our NAIDOC Day celebration was held but looking at the calendar tells me it was almost three weeks ago. Because of the rainy weather on Friday 22nd we had to hold the event under cover in the Primary quad. The staff and students showed their fantastic capacity to adapt and things kicked off right on time at 10am. At first we were a little worried that things might be a little cramped under the COLA but most comments about the day were extremely positive with many people I spoke to saying the event had a great atmosphere, to some extent brought on by the need to be under cover. I need to make mention of Mrs Tucker and Mrs Moore for all their hard work and also to the staff who all helped the students run stalls. The day was a success with comments that were overwhelmingly positive.

HSC Preparation

All HSC students are now in their last couple of weeks with their final day approaching fast. The school has been working with students, the P&C and community members to run a range of end of school activities all of which will take place on the last two days of term. In the meantime it's worth remembering that all regularly scheduled classes are running as normal and students are expected to be in those classes. The aim of finishing school is to get a great result at the HSC, some of our students seem to be under the impression that classes are finished and that all they have to do is attend their farewell.

Sporting Activities

In general I don't consider the role of principal to have all that many perks: there are some really great things about this job but there's always lots to do and quite a few people depending on a principal doing their job. However one thing I do appreciate is just occasionally being able to indulge myself by dropping into a local venue to watch some of our fantastic kids participating in an activity, either sporting or cultural. Last week I got to watch some of our junior secondary students play basketball in Lismore for a couple of hours and I must admit that it was a great pleasure to watch them play. The games I watched were one win and one loss for Bonalbo but to be honest I wasn't paying a great deal of attention to who won or lost: I was watching the kids and how they played together as individuals and as teams. The thing I love about watching our kids is not so much their skill levels, and they often display outstanding skills, but rather their willingness to continue participating no matter what the score-line.

Winners have been congratulated in the appropriate way but for me the far more important lesson is the one our students learn by being given an opportunity to be good sports and in working as a member of a team.

Mr Trevor Hodges

Primary Report

Term 3 is very quickly drawing to a close, and students performing next Monday night at the Casino Performing Arts will complete what has been an extremely busy term in the way of extra curricula activities.

We have been extremely lucky to have had Mrs Kandas Phillips teaching Kindergarten in our school for the last two years. Mrs Phillips will be finishing up at the end of this term to look forward to the birth of her new baby, and extending her family. Mrs Phillips has been an extremely dedicated and creative teacher, who has put in many extra hours for not only her class, but for the whole school. She is a competent, willing and imaginative event organiser, with Performing Arts being the highlight. Mrs Phillips will be sadly missed by both students and staff, and we wish her all the best for her future. Mrs Phillips will be replaced in Term 4 by Miss Claire King.

On Friday the 12th September Mrs Phillips and the Kindergarten class will be holding the Primary Assembly, commencing at 10.15. It is a good chance to come along and farewell Kandas.

In Week 5 first place winners from our Bonalbo CWA competition were sent for judging in the next round of competition which was held in Lismore. Two of our students placed in their sections; Harley Davis was placed 3rd in his section and Kirah Johnston placed 2nd in her section at the Lismore CWA Botswana competition. Congratulations on a great effort!

On Friday 29th August, students from K – Year 3 attended their excursion to the Byron Bay Circus Arts Workshop. The workshop provided opportunities for students to participate in activities including high trapeze, silks, partner balancing, juggling balls, and tumbling skills. After lunch they had a wonderful time in the super jumping castle and play area. Thank you to all the parents who came along and helped, plus lan, our bus driver from Simes Coaches.

On Friday the 5th September the school came alive Hospitality School to broaden their knowledge of the with students coming dressed up as their favourite book character! It was great to see the number of students, both primary and high school, as well as the teachers coming dressed up. A big thank you to parents and carers for your support with this event and coming along to make it even more enjoyable for the students. Thank you also goes to Mr Martin for co -organising the event and our special reader Mr Hodges.

A reminder that there is no staff supervision of students before 8.30 in the mornings. It has been noted that some students are starting to arrive well before this time. Even though there are some teachers present before 8.30, they are not available to supervise students.

Primary staff would like to wish everyone a safe and happy holiday, with colds and coughs healed, ready for another busy, and long (11 week) Term 4.

Primary Staff

1/2/3 Food Technology

This term students are focusing on keeping safe in the kitchen, learning safe knife skills and safe use of electric frying pans. They have already prepared shaped sandwiches and Sputniks with toothpicks, baked cupcakes, made potato rosti and pancakes. Each Tuesday they need their apron, tea towels, dishcloth and hair tied back if long enough.

Fruit and Vegetables for Good Health

A survey of Australian children revealed that school students do not eat enough fruit or vegetables. For healthy eating it is recommended that at least two pieces of fruit and four serves of vegetables be eaten each day. This creates both immediate and long-term health and learning benefits from students ability to concentrate.

Raffle Winners of the Bunning's \$50 Gift Voucher and Coffee Machine Raffle

The winners of the raffle for the Year 11 and 12 Hospitality fundraising for Sea World, educational excursion to Sea World Resort, were Vic from the Tabulam Hotel who won the Coffee Machine, Mrs Tart who won the Lazy Susan and Tamykah Crosby who won the \$50 voucher donated by Bunning's. Thank you to all staff, students and community members who purchased tickets.

Sea World Year 11 and 12 Hospitality Excursion

On 1st and 2nd September the Year 11 and 12 Hospitality students attended the Sea World

Hospitality industry, visiting the key departments: food and beverage, food production, housekeeping, sales and marketing, human resources and front office. A first in the history of the Sea World Hospitality School was that every one of our students who attended were nominated for the STAR PERFORMER award. Courtney Stubbings and Mitchell Jung both won this award by being nominated by two staff members each, an outstanding achievement.

Year 12 Hospitality

Year 12 Hospitality students baked delicious Coffee Shop cakes, slices and biscuits in preparation for the NADIOC Day shop at the school. They are also learning to prepare a wide variety of non-alcoholic beverages; frappes, smoothies, milkshakes, punches, juices, spiders, teas and mocktails.

Year 11 Hospitality

Students are practising their espresso coffee skills Cappuccino, flat white, long and short blacks and hot chocolates all sold at the NADIOC Day Coffee Shop.

Year 9/10 Food Technology

Students this term are completing a unit on Food in Australia. They have begun by preparing a variety of dampers and taste tested a variety of breads from around the world. Lamb Souvlaki from Greece and Pad Thai has been prepared. They will also be preparing foods with bush tucker ingredients, an increasing trend.

Mrs Taikakara.



Naidoc Celebrations

Bonalbo Central School and Bonalbo Aboriginal Co-op, celebrated Naidoc and Multi-Cultural Day's 10th year together. The opening started with a flag raising and welcome by Poppy Harry Walker.

The rain couldn't put a damper on the day, there were a lot of activities to participate in and lots of information agencies. The bucking bull was a success for those who had a go.

I would like to thank the Red Cross, Kerry Gray and Mon Petty for their initial involvement in organising the Titans to be part of Naidoc days. I would also like to thank the Red Cross for the Trauma Teddy's which will be greatly appreciated by the school and preschool.

A big thank you for all those who helped to make it a great day.

Rachel Moore AEO

Red Cross Good Start Breakfast Club

I would like to thank my volunteers for giving their valuable time to help with Breakfast Club, it is really appreciated. I would also like to thank the Upper Clarence Lions Club for doing a sausage sizzle the first Monday of each month.

In the last year we served 5909 meals in 104 days. Voluntary hours by adults - 451 and students - 248.5. We are going in to our seventh year of operation and have served 33 692 meals, not bad for a small group. If anyone would like to volunteer for two hours on Monday, Wednesday or

Thursday please contact me on 6665 5113.

Thanks once again Mon Petty

Sport

This term has seen a number of sports participated in by our students.

The North Coast Athletics carnival was held in Coffs Harbour. We had Shania and Catriona represent our school and the Northern Rivers in various events. Shania did very well in her shotput event and Catriona had a number of races throughout the day. Her best was the 100m Hurdles where she narrowly missed out on going to State.

Our boys and girls 15yrs Basketball teams headed to Lismore to participate in the Northern Rivers state knockout competition. For the girls Shelly, Brandii, Taylah, Kirra, Isabella, Zarah, Isha, Taylah, Chela and Ally played their first game against Maclean. Our girls were too strong with Brandy and Kirra playing the entire game. The second game they came up against a very good side in Alstonville. They proved too strong for our girls who gave their best against quality opposition. Their last game was against Lismore High. Our girls showed their abilities and were way too strong for the Lismore side. All girls played hard and gave their best in all the games.

Our boys side of Jacob, Hamish, Matthew, Jack, Hamish, Rory, Scott, Brendan and Andrew had a tougher task facing off against Woodenbong and Lismore High in their first 2 games. While the boys kept trying, they were no match for these 2 sides. In the last game the boys came up against a much taller Evans River team. Strong defence and some nice shooting proved that height isn't everything in basketball with our boys beating Evans River. Well done to both our teams.

The boys 14yrs and 16yrs Futsal teams competed at Evans River. Both sides played 2 games yet both struggled to gain momentum in their first games. The 16yrs boys came up against Evans River in their second game beating the host team. The 14yrs boys continued to fight but were outclassed. Jack in goals gave his best and didn't give up at any stage.

Our Girls Futsal Teams compete this week.

Yours in Sport
Shaun Flannery

Teaching and Learning Support

It has been an extremely eventful time for the Learning and Support team. We have been establishing the Learning Centre as the heart of the school. Our goals for the Learning Centre are to create a seamless transition for our students from primary to high school, engage staff and students in a successful teaching/learning environment with Alternate Learning Pathways and to collect data and resources to assist teachers to effectively teach and engage their students.

Ms Ludwig and I have assessed students from Stage 1 to Stage 5 in reading, comprehension, phonics and phonemic awareness, spelling, fluency and numeracy. This data has been collected and collated and continues to be updated throughout the year to pass on to teachers as a platform for individualised learning.

During Term 2 Bonalbo Central School was involved in The Nationally Consistent Collection of Data. The NCCD provides Australian schools, parents, education authorities and the community with information about the number of students that have adjustments made to their learning in schools, where they are located and the type of adjustments they receive. The national data collection reinforces the existing obligations that the school has towards students under the Commonwealth Disability Discrimination Act 1992 and the Disability Standards for Education 2005. The data will be collected again next year for students who have adjustments made to their learning.

This term the Learning Centre has focused on individualised one-on-one sessions to cater to the needs of Stage 4 students. Wendy Johnston, the SLSO - Belinda Makejev and I have provided direct support for students with additional learning and support needs through a range of strategies (including direct instruction, delivery of adjusted learning programs, assessment and monitoring of progress).

Ms Ludwig has been conducting literacy support for small groups of students. Small group reading instruction provides meaningful literacy experiences. It begins where the learners are, by addressing individual needs. Small group reading instruction includes rich tasks which promote deep understanding; allows us to teach reading before and during the reading process, (not only after the reading process); and allows us to

adjust our teaching to meet the needs of all learners.

As a final thought, students need reading practice in level-appropriate text in order to apply new skills and strategies. This is essential to help develop reading strategies. At the same time, they need age-appropriate text and conversation. They need ample opportunities to stretch their thinking.

"Learning to read is a never-ending task because there are always new goals to reach, new horizons to explore, and new interests to expand." ~ Alberto Manguel

Ms Rebekah Owens Learning and Support Teacher

Agriculture News

Year 7

The pigs have grown so fast. They are class favourites and very friendly with the students. Thanks again to Stuart Edwards for lending us the pigs for Term 3. Our 5 lambs are thriving, their mums have been getting some extra grain and they are all healthy and strong. The student's pig posters are due this week.

Year 9/10

Students are collecting and pressing pasture plants for their herbariums. It is due Week 2 next term. They have been learning about various aspects of pasture and pasture management.

Primary Industries

The HSC is approaching fast. Our Year 12 students are now in exam preparation mode.

Bos Indicus Camp

Jacob, Layton and Taylah recently attended the Casino *Bos Indicus* Camp. They each had to look after their steers for the weekend and attended various workshops about the beef cattle industry. They each did a great job with their steer, learned new skills and had a great time. Layton won a ribbon in the Junior Judging and was selected to represent the region at the Lismore Show Junior Judging! Congratulations to Layton, Jacob and Taylah.

Stephen Gray

Mindle Quilt Raffle Winner-Jonathan Pierce





RRISK is a health promotion program that addresses risk-taking behaviour amongst year 11 students in the North Coast of NSW. All Y11 students will be participating in this program on Tuesday 25th November at SCU in Lismore.

Adolescent risk taking associated with alcohol, drugs, driving and celebrating results in unacceptably high levels of injury and trauma. Young people are over-represented in every category of risk-taking behaviour resulting in injury.

RRISK is a resilience building program that is relevant to the social life, developmental stage and concerns of adolescents. It extends the school based drug education and road safety curriculum by providing opportunities for senior high school students to develop knowledge, attitudes and skills to reduce risk taking and develop safer celebrating strategies. The program includes a well-designed, multistrategic seminar day, preceded and followed by a range of in-school activities. It incorporates factual presentations on risk taking, alcohol, drugs, safe celebrating, safe driving and vehicle safety and is enlivened by drama, life stories and role models. Student-led activities include peer-facilitated small groups which incorporate elements of the Red Cross "Save-a-Mate" program. Over 350 Peer Facilitators are trained to demonstrate to their classmates how to physically help a friend who may have collapsed and what to do in an emergency. A crash scenario involving students, police, ambulance and emergency services, is one of the highlights of the RRISK Seminars. Over the years, the seminars have been supported by community meetings, newsletter inserts, art competitions and professional learning sessions for health professionals, teachers and community workers. RRISK includes keynote presenters from Drug and Alcohol Research & Training Australia and the NSW Roads and Maritime Services (formerly Roads and Traffic Authority).

RRISK not only educates young people about road risks but helps them adopt safer behaviours by providing them with practical skills and strategies to manage risks across many aspects of their social lives by addressing binge drinking and drug use, safe partying and encouraging them to look after their friends.

RRISK is successful because of its relevance to young people. It complements the school curriculum; is considered core business by partners; is well supported by peak organisations; and receives excellent media coverage. Evaluations have been published in peer-reviewed journals and the program has been a finalist in the National Drug and Alcohol Awards and winner of the North Coast Area Health Service Excellence Award and Excellence in Road Safety Award.

The RRISK Committee has compiled 8 school information sheets on topics relevant to adolescents, celebrating, alcohol and other drugs and road safety. This information has been placed in the school folders of each of the Y11 students and must be read by each student so it can be discussed in DEAL each week leading up to the presentation in November.

Narelle Gray Y11 Advisor